SEPTEMBER 4, 2026 / DIGITAL WELLNESS / BEHAVIORAL HEALTH

Cohort-based recovery programs for phone addiction

The market splits at two price points - $5 blockers the average adult overrides within a week, and $500 private coaching that reaches a sliver - leaving the tier that works for hard habits, structured group recovery with daily peer accountability, empty.

Cohort-based recovery programs for phone addiction should be tested as a narrow first-win workflow for Adult with a hard phone habit who has already failed blocker apps.

MODERATE DIFFICULTY

PROGRAM FEE PER EIGHT-WEEK COHORT PLUS ALUMNI MEMBERSHIP SUBSCRIPTION.

54/100

VALIDATION VERDICT / RESEARCH

Validation is a weighted rubric, not a guarantee. Use the next validation step before building.

Confidence	46%
Lifecycle	Validating
Timing	65/100
Rubric	INAV-VALIDATION-2026-06-04

VALIDATING Watch window

Demand signal	4.7/10
Problem severity	5.3/10
Willingness to pay	5.5/10
Competitive saturation	5.7/10

Feasibility	**6.2/10**

VERDICT

Research · 54/100

Cohort-based recovery programs for phone addiction should be tested as a narrow first-win workflow for Adult with a hard phone habit who has already failed blocker apps.

THIS WEEK'S TEST

Run two paid pilot cohorts at $400, measure screen-time deltas at week 8 and week 16, and track alumni-group conversion.

KILL IT IF

Fewer than five qualified buyers agree to discuss the workflow after targeted outreach.

READER DEMAND SIGNAL

Would you build this? Would you pay?

One tap each — anonymous, one vote per question per day. Tallies update as readers weigh in.

Would you build this?

Be the first to weigh in

Would you pay for this?

Be the first to weigh in

VISUAL OPPORTUNITY DASHBOARD

Read the idea like a product signal board.

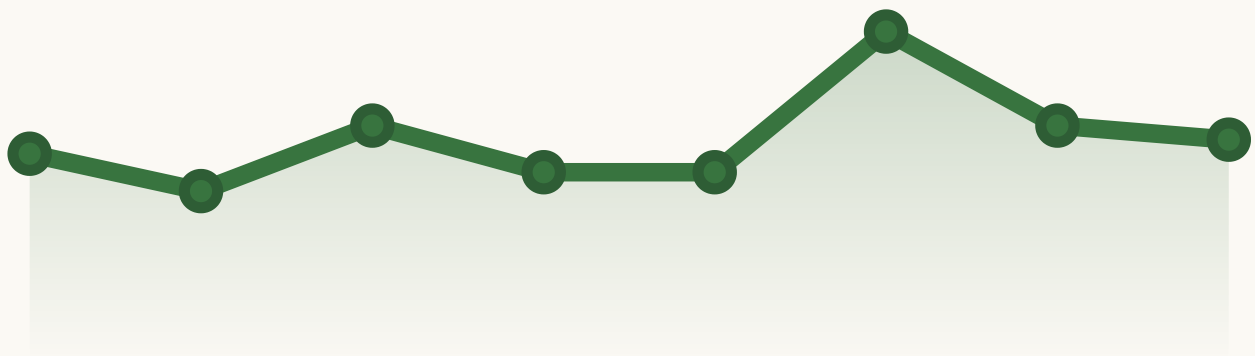
These visuals are generated from the report's existing scores. They make the decision path scannable without pretending to be live market data.

DIGITAL WELLNESS / BEHAVIORAL HEALTH

SIGNAL MODEL

Cohort-based recovery programs for phone addiction

Cohort-based recovery programs for phone addiction should be tested as a narrow first-win workflow for Adult with a hard phone habit who has already failed blocker apps.



VALIDATION
54/100
Research

CONFIDENCE
46%
Editorial confidence

SCORE AVG
6/10
Scorecard average

PROOF
5/10

Proof signal average

SCORE RADAR

Decision balance

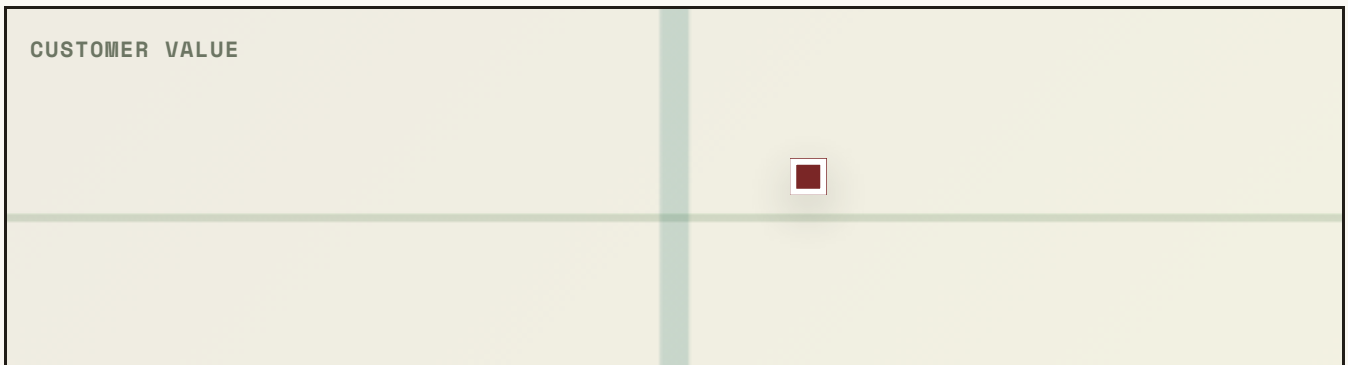
VALUE EQUATION

Offer strength

DREAM OUTCOME	7/10
PERCEIVED LIKELIHOOD	6/10
TIME DELAY	6/10
EFFORT AND SACRIFICE	7/10

MARKET MAP

Low-impact hypothesis



UNIQUENESS

High value plus high uniqueness deserves deeper research; lower uniqueness requires a clear distribution advantage.

VALIDATION FUNNEL

From pain to product.

1	**Buyer pain** Adult with a hard phone habit who has already failed blocker apps	4.5/10
2	**Concierge proof** Run two paid pilot cohorts at $400, measure screen-time deltas at week 8 and week...	5/10
3	**Paid wedge** Concierge review or paid template	6.5/10
4	**Repeatable product** Program fee per eight-week cohort plus alumni membership subscription.	5.4/10

EVIDENCE HEATMAP

Signal intensity.

WHY NOW
4/10
Demand visibility

WHY NOW
6/10
Tooling readiness

WHY NOW
4/10
Budget clarity

WHY NOW
6/10
Competitive window

PAIN
4/10
Repeated workflow friction

MONEY
4/10
Budget hypothesis

URGENCY

5/10

Switching pressure

DISTRIBUTION

7/10

Reachable buyer language

LIFECYCLE TIMING

Validation window (65/100): enough signal exists to run the sprint, but the market has not clearly heated yet.

Deterministic stage assignment from re-check status, demand signals, complaint echo, and competitive saturation.

65/100

VALIDATING

Adoption substrate is up 63.5% across matched packages.

No funded competitor penalty is currently applied.

Demand

65/100

Not old enough for a 30-day re-check yet.

Saturation

0/100

0 funded signals across 0 matched competitor signals.

Complaint echo

22/100

Matched adoption substrate is up 63.5%.

VALIDATION ENGINE

Evidence-backed idea-validation score.

The score uses a versioned 2026 rubric across demand, problem severity, willingness to pay, competitive saturation, and feasibility.

54/100

Research

Research is the current validation verdict: feasibility is the strongest signal, while demand signal is the main evidence gap to close before scaling the build.

Rubric version: INAV-VALIDATION-2026-06-04 / generated September 4, 2026

Demand signal

4.7/10

24% WEIGHT

Demand looks weak because the report has 2 source-backed signal(s), an editorial confidence of 46/100, and a defined buyer in Digital wellness / behavioral health.

- Peer-accountability group models show durable behavior-change outcomes across addiction categories where solo willpower tools fail.
- Target buyer: Adult with a hard phone habit who has already failed blocker apps

Problem severity

5.3/10

22% WEIGHT

Problem severity is thin when the buyer pain, customer value, and dream-outcome scores are combined.

- The market splits at two price points - $5 blockers the average adult overrides within a week, and $500 private coaching that reaches a sliver - leaving the tier that works for hard habits, structured group recovery with daily peer accountability, empty.
- Peer-accountability group models show durable behavior-change outcomes across addiction categories where solo willpower tools fail.

Willingness to pay

5.5/10

20% WEIGHT

Willingness to pay is weak; the model has a monetization hypothesis, but it must still be proven through paid pilots or explicit pricing objections.

- Program fee per eight-week cohort plus alumni membership subscription.
- Run two paid pilot cohorts at $400, measure screen-time deltas at week 8 and week 16, and track alumni-group conversion.

Competitive saturation

5.7/10

18% WEIGHT

No source-backed direct match is recorded yet, so saturation risk is treated as unknown rather than proof of novelty.

- Existing-product check has no named direct match.
- Competitive score rewards a narrow wedge, not absence of research.

Feasibility

6.2/10

16% WEIGHT

Feasibility is thin for a moderate build if the MVP is limited to the first measurable workflow.

- Run two paid pilot cohorts at $400, measure screen-time deltas at week 8 and week 16, and track alumni-group conversion.
- Facilitator quality and cost cap margins and scale; this is a service with software, not pure SaaS.

Next validation step

Run two paid pilot cohorts at $400, measure screen-time deltas at week 8 and week 16, and track alumni-group conversion.

VALIDATION SPRINT

Seven days to a build / kill decision.

Derived from this report's own validation test, channels, offers, and kill criteria.
Each day has a threshold, so the week ends in a decision instead of a feeling.

DAY 1

Build the buyer list

List 50-100 named adult with a hard phone habit who has already failed blocker apps prospects from Community pain posts and Direct outreach — names, not categories.

Threshold: 50+ named, reachable buyers on the list.

DAY 2

Join the watering holes

Join and observe Reddit / forums, Launch communities, Review and alternative pages. Collect the exact words buyers use for this pain.

Threshold: 10+ verbatim pain quotes captured.

DAY 3

Send first outreach

Send the cold outreach template (below) to 15 buyers from the day-1 list, personalized with one detail each.

Threshold: 15 sent; 3+ replies of any kind.

DAY 4

Run buyer interviews

Hold 15-minute calls using the interview script (below). Listen for current workarounds and what they cost.

Threshold: 3+ completed interviews.

DAY 5

Run the report's validation test

Run two paid pilot cohorts at $400, measure screen-time deltas at week 8 and week 16, and track alumni-group conversion.

Threshold: Problem resonance: 5+ calls or 10+ detailed replies.

DAY 6

Make the smoke offer

Offer "Concierge review or paid template" at $19-$99 to every interviewed buyer. Manual delivery is fine — payment is the signal.

Threshold: 1+ pre-commitment (payment, signed LOI, or scheduled paid pilot).

DAY 7

Decide against the kill criteria

Score the week against this report's kill criteria, then take the stated next validation step: Run two paid pilot cohorts at $400, measure screen-time deltas at week 8 and week 16, and track alumni-group conversion.

Threshold: A written build / keep-testing / kill decision.

Pass signal

Pass: thresholds on days 3, 4, and 6 are met — proceed to the next validation step with real buyer language in hand.

Fail signal

Kill or rethink if the week confirms: Fewer than five qualified buyers agree to discuss the workflow after targeted outreach.

RESEARCH WORKFLOW

Decision scorecard.

The report is structured to force a yes, no, or test decision instead of leaving the reader with a loose brainstorm.

Opportunity

5/10

PROMISING

Cohort-based recovery programs for phone addiction has an editorial confidence score of 46/100 before live buyer validation.

Problem

4/10

NEEDS PROOF

The market splits at two price points - $5 blockers the average adult overrides within a week, and $500 private coaching that reaches a sliver - leaving the tier that works for hard habits, structured group recovery with daily peer accountability, empty.

Feasibility

6/10

PROMISING

A moderate build can work if the MVP stays limited to the first repeated workflow.

Why now

9/10

EXCEPTIONAL

Phone-overuse concern has gone mainstream clinical, and the cohort-based-course infrastructure plus screen-time APIs make a structured group program deliverable at recovery-group economics.

MARKET AND MONEY

Business fit and offer ladder.

Revenue potential

$250K-$2M ARR potential if the wedge proves budget urgency and becomes a recurring workflow.

Execution difficulty

Execution is moderate; the main constraint is staying narrow enough for a first proof loop.

Go-to-market

Start with manual concierge output, direct outreach, and community proof before paid acquisition.

Founder fit

Best for an AI-assisted solo founder who can interview the buyer and ship a focused first version quickly.

1. Lead magnet

Cohort-based Recovery Programs For Phone Addiction checklist

Free

Helps Adult with a hard phone habit who has already failed blocker apps audit the painful workflow before buying software.

Capture qualified leads and learn the buyer's exact language.

2. Frontend offer

Concierge review or paid template

$19-$99

Delivers the first useful output manually before automation is trusted.

Validate urgency, workflow fit, and willingness to pay.

3. Core offer

Cohort-based recovery programs for phone addiction focused SaaS

$49-$499/month

Turns the recurring manual workflow into a repeatable product loop.

Create the recurring revenue product after the narrow wedge survives tests.

4. Continuity

Monitoring, benchmarks, and monthly reporting

$99-$1,000/year add-on

Keeps the buyer engaged with ongoing proof, saved time, or reduced risk.

Increase retention and make the product part of a routine.

5. Backend offer

Done-with-you setup, agency, or team rollout

Custom

Adds implementation help, integrations, and workflow migration.

Capture higher-value accounts once the productized wedge is proven.

ECONOMICS

Price-anchored revenue scenarios.

Derived from this report's "Core offer" offer-ladder stage ($49-$499/month). These are price-anchored scenarios, not market-size claims.

Proof

$490-$4,990 MRR

10 CUSTOMERS

Ten paying customers proves willingness to pay and funds continued validation.

Wedge

$2,450-$24,950 MRR

50 CUSTOMERS

Fifty customers in one niche makes the workflow the default in that circle and feeds referrals.

Vertical leader

$12,250-$124,750 MRR

250 CUSTOMERS

A few hundred accounts in one vertical is a real business before any horizontal expansion.

Break-even

At $49-$499/month, 1 customers cover the stated Local-first MVP budget: $0-$10K before paid acquisition. budget within a month; fewer if they land at the top of the range.

Sizing the buyer universe

Size the buyer universe in one day: count adult with a hard phone habit who has already failed blocker apps reachable through the report's channels (directories, associations, communities) until the list stops growing — the test only needs the first 100 names, not a TAM estimate.

Pricing benchmark

No public look-alike products were recorded in this report, so price against the manual workaround's time cost, not against software.

REFLEXIVITY

Mixed reflexivity — execution over secrecy.

Does publishing this opportunity strengthen it or crowd it? low confidence.

Publish or protect

No dominant reflexivity signal. Publish the analysis, but note that execution speed and distribution matter more than secrecy here; revisit if the space shows saturation.

Signals

No dominant network or scarcity marker — a mixed case where execution speed and distribution matter more than secrecy.

EVIDENCE

Why now and proof signals.

Why now

4/10

Demand visibility

Peer-accountability group models show durable behavior-change outcomes across addiction categories where solo willpower tools fail.

Build only if the complaint repeats across interviews, posts, or existing workflow artifacts. aa.org

6/10

Tooling readiness

AI-assisted product work and managed infrastructure reduce the first-version cost.

The first release should automate one high-friction step rather than become a broad platform. en.wikipedia.org

4/10

Budget clarity

Program fee per eight-week cohort plus alumni membership subscription.

Ask for money during validation before building the full workflow. aa.org

6/10

Competitive window

The wedge is specific enough to test without claiming the whole market.

Position around one buyer and one measurable first-win outcome. aa.org

Proof signals

4/10

Pain: Repeated workflow friction

Peer-accountability group models show durable behavior-change outcomes across addiction categories where solo willpower tools fail. aa.org

4/10

Money: Budget hypothesis

Adult with a hard phone habit who has already failed blocker apps is the first group to test because the monetization path is: Program fee per eight-week cohort plus alumni membership subscription. `aa.org`

5/10

Urgency: Switching pressure

Urgency becomes real only if the current workaround costs time, risk, money, or reputation every week. `en.wikipedia.org`

7/10

Distribution: Reachable buyer language

The first channel should be whichever source lane already contains the buyer's vocabulary. `aa.org`

POSITIONING

Market gaps and execution plan.

Underserved segments

- Adult with a hard phone habit who has already failed blocker apps who still run the workflow in spreadsheets, generic docs, email, or chat threads.
- Small teams in Digital wellness / behavioral health that feel the pain weekly but are too narrow for broad incumbents.
- New adopters who need guided proof before committing to a larger platform.

Feature gaps

- A narrow workflow that reaches value without configuration-heavy onboarding.
- A buyer-facing proof artifact that shows time saved, risk reduced, or communication improved.
- A handoff path from manual concierge service to repeatable software.

Differentiation levers

- Use specificity as the wedge: one buyer, one workflow, one measurable result.
- Show proof earlier than broad competitors with before-and-after examples and small pilot data.
- Keep implementation lighter than incumbent suites or generic AI assistants.

Execution snapshot

Type	**SaaS product**
Timeline	**4-8 weeks**
Budget	**Local-first MVP budget: $0-$10K before paid acquisition.**
Initial offer	**Concierge review or paid template**

Build only the first-win workflow for "Cohort-based recovery programs for phone addiction" and keep research, setup, and exceptions manual until the wedge is proven.

Weekly

Community pain posts

Use communities and forums where Adult with a hard phone habit who has already failed blocker apps already describe the painful workflow.

Problem teardown, interview ask, and short demo clip / 5 qualified calls or 10 detailed replies in 7 days

Daily during validation

Direct outreach

Direct conversations are the fastest way to verify budget ownership and switching cost.

Concierge pilot offer with a manually prepared sample / 3 paid pilots, LOIs, or budget-owner follow-ups

Bi-weekly

Searchable comparison content

Alternative and comparison pages reveal objections, pricing language, and buying intent.

Before-and-after page or alternatives memo for the exact workflow / Organic clicks, booked demos, or waitlist joins from comparison intent

Once MVP is clickable

Launch directory

Launches test whether the promise is legible to people outside the first interview set.

Single-purpose demo and first-win story / 25% demo completion or 10 waitlist joins

COMPETITIVE LANDSCAPE

Alternatives, incumbents, and whitespace.

This section names likely workarounds and public players so the report can argue where the wedge is still open.

Cohort-based recovery programs for phone addiction should be positioned against generic AI assistants, no-code workarounds, and any vertical incumbent that already owns Digital wellness / behavioral health. The opening is a narrower first-win workflow for Adult with a hard phone habit who has already failed blocker apps.

WORKAROUND

Airtable

No-code database

Competes when the first version can be modeled as a lightweight database and workflow view.

WORKAROUND

Notion

Workspace and documentation

Competes when buyers can solve the pain with templates, checklists, and shared pages.

WORKAROUND

Asana

Project management

Competes where the buyer can express the workflow as tasks, owners, and due dates.

ADJACENT

Google Gemini

Generic AI assistant

Competes where the buyer already lives in Google Workspace or Search.

ADJACENT

HubSpot

CRM and marketing platform

Competes for sales, marketing, client follow-up, webinar, and service pipeline workflows.

Whitespace

- A narrow workflow that reaches value without configuration-heavy onboarding.
- A buyer-facing proof artifact that shows time saved, risk reduced, or communication improved.
- A handoff path from manual concierge service to repeatable software.
- Use specificity as the wedge: one buyer, one workflow, one measurable result.
- Show proof earlier than broad competitors with before-and-after examples and small pilot data.
- Keep implementation lighter than incumbent suites or generic AI assistants.
- Own the specific buyer workflow instead of selling a broad AI assistant.

Positioning moves

- Lead with the exact buyer: Adult with a hard phone habit who has already failed blocker apps.
- Show a proof artifact for: Run two paid pilot cohorts at $400, measure screen-time deltas at week 8 and week 16, and track alumni-group conversion.
- Name the generic-assistant workaround directly and explain what it misses.
- Offer concierge setup before promising a full platform.

Public source

Airtable

https://www.airtable.com/

Public source

Notion

https://www.notion.com/

Public source

Asana

https://asana.com/

Public source

Google

https://gemini.google.com/

Public source

HubSpot

https://www.hubspot.com/

Public source

Report source

https://www.aa.org/

Public source

Report source

https://en.wikipedia.org/wiki/Problematic_smartphone_use

AUDIENCE COMPANION

Segments, channels, and intent language.

The companion is also published as a standalone HTML page and Markdown file for research handoff.

Primary audience

Adult with a hard phone habit who has already failed blocker apps is the first audience because the report already names a repeated pain, reachable channels, and a validation test that can be run before software is complete.

COHORT WORKFLOW | BASED VALIDATION | COHORT AI | BASED AUTOMATION | SCREEN-TIME | WELLNESS | DIGITAL WELLNESS / BEHAVIORAL HEALTH

First validation channels

- **Reddit / forums:** Post a problem teardown for Digital wellness / behavioral health and ask how people solve it today.
- **Launch communities:** Ship a narrow demo and watch which promise gets clicks.
- **Review and alternative pages:** Write an alternatives page that owns one narrow use case.
- **Community pain posts:** Problem teardown, interview ask, and short demo clip

TIME TO EXECUTE

Execution-readiness scorecard.

The score turns the report into bottlenecks, accelerators, and a dated first-month launch plan.

60/100

Needs focused validation

Cohort-based recovery programs for phone addiction scores 60/100 for execution readiness. The recommended next step is Run two paid pilot cohorts at $400, measure screen-time deltas at week 8 and week 16, and track alumni-group conversion.

Execution scorecard is generated from report validation, confidence, feasibility, founder fit, and difficulty.

Bottlenecks

- Facilitator quality and cost cap margins and scale; this is a service with software, not pure SaaS.
- Clinical-adjacent positioning requires care to avoid treatment claims.
- A broad AI assistant can flatten differentiation unless the wedge is painfully specific.
- The first release can become a generic dashboard if the job is not named tightly.
- Needs real buyer access, not only desk research.

First milestones

- 2026-09-04: Frame the wedge
- 2026-09-07: Interview 10 people who match the buyer persona.
- 2026-09-11: Ship a clickable demo or concierge workflow that produces the first useful artifact.
- 2026-09-18: Run one paid pilot or collect explicit pricing objections before automating the rest.

FRAMEWORKS

Value equation, matrix, and ACP.

FOUNDER LENS

Fit, roast, and kill criteria.

8/10

Founder fit

A solo or AI-assisted founder with direct access to Adult with a hard phone habit who has already failed blocker apps.

ADVANTAGES

- Can talk to the buyer before writing much code.
- Can ship a narrow first-win demo quickly.
- Can use local-first research artifacts to keep validation moving without a large team.

GAPS

- Needs real buyer access, not only desk research.
- Needs proof of budget or repeated urgency.
- Needs a crisp wedge before broad product work starts.

Roast

Interesting hypothesis, but it needs sharper demand evidence before build time.

BLIND SPOTS

- Facilitator quality and cost cap margins and scale; this is a service with software, not pure SaaS.
- A broad AI assistant can flatten differentiation unless the wedge is painfully specific.
- The first release can become a generic dashboard if the job is not named tightly.

HARD QUESTIONS

- Who wakes up already trying to solve this?
- What do they stop paying for or stop doing when this works?
- What proof would make a skeptical buyer trust it in one screen?
- What is the smallest paid version of this idea?

Kill criteria

- Fewer than five qualified buyers agree to discuss the workflow after targeted outreach.
- No buyer can name a current cost in time, money, risk, or reputation.
- The first demo does not produce a clear next step, paid pilot, or specific objection.

Next actions

- Write the one-sentence promise and test it in the strongest channel.
- Create the lead magnet and use it to recruit interviews.
- Build the smallest demo that proves the first win.

ACTION SUITE

Move from reading to testing.

Local-first handoff cards copy prompts or structured data without requiring an account.

BUILD THIS IDEA

Copy the focused build brief for a coding agent.

COPY

ROAST

Copy the critique lens and blind spots before committing time.

COPY

LANDING PAGE

Copy a landing-page brief based on buyer, pain, and validation.

COPY

BRAND PACKAGE

Copy positioning inputs for naming, messaging, and design direction.

COPY

AD CREATIVES

Copy campaign angles for buyer-problem validation.

COPY

EXPORT DATA

Copy structured JSON for a research engine, roadmap tracker, or another agent.

COPY

FOUNDER FIT

Copy the founder-fit self-check before entering build mode.

COPY

FIRST CONTACT KIT

Outreach template and interview script.

Built from this report's buyer, pain language, and channels. Personalize one detail per message — these are starting points, not spam ammunition.

Cold outreach message

QUESTION ABOUT COHORT WORKFLOW

HOW ARE YOU HANDLING THE MARKET SPLITS AT TWO PRICE POINTS - $5 BLOCKERS THE AVE...

15 MINUTES ON A DIGITAL WELLNESS / BEHAVIORAL HEALTH WORKFLOW?

```
Hi {{firstName}},

I'm researching how adult with a hard phone habit who has already failed blocker
apps handle this today: The market splits at two price points - $5 blockers the
average adult overrides within a week, and $500 private coaching that reaches a
sli...

I'm not selling anything yet — I'm testing whether "Cohort-based recovery programs
for phone addiction" is worth building, and I'd rather learn from people living the
workflow than guess.

Would you trade 15 minutes for first access (and a say in what gets built) if it
goes ahead?

{{yourName}}
```

COPY MESSAGE

Buyer interview script

1. Walk me through the last time this happened: The market splits at two price points - $5 blockers the average adult overrides within a week, and $500 private coachin... What did you actually do?
2. What does that workaround cost you — in hours, money, or risk — in a normal month?
3. What have you already tried or bought to fix it, and why didn't it stick?
4. If "Eight-week cohorts of ten adults: weekly facilitated session, daily check-ins, personal trigger map..." existed, what would have to be true for you to switch in the first week?
5. Who else feels this worse than you do — and would you introduce me?

WHERE TO SEND IT

- Community pain posts — Problem teardown, interview ask, and short demo clip
- Direct outreach — Concierge pilot offer with a manually prepared sample
- Searchable comparison content — Before-and-after page or alternatives memo for the exact workflow
- Reddit / forums — Post a problem teardown for Digital wellness / behavioral health and ask how people solve it today.
- Launch communities — Ship a narrow demo and watch which promise gets clicks.

HANDOFF

Build and review prompts.

Build prompt

Build a narrow MVP for "Cohort-based recovery programs for phone addiction" for Adult with a hard phone habit who has already failed blocker apps. Preserve the evidence, build only the first-win workflow, include source links, and treat Run two paid pilot cohorts at $400, measure screen-time deltas at week 8 and week 16, and track alumni-group conversion. as the first acceptance gate.

Review prompt

Review the "Cohort-based recovery programs for phone addiction" MVP for over-breadth, unsupported claims, weak buyer proof, privacy risk, and missing validation instrumentation. Do not approve expansion until the kill criteria and success metrics are measurable.

organization / aa.org

Alcoholics Anonymous

The reference model for peer-accountability recovery structure this program adapts to phone habits.

encyclopedia / en.wikipedia.org

Problematic smartphone use - Wikipedia

Research overview of phone-overuse patterns and intervention evidence.

PIVOT MAP

If this exact wedge isn’t yours, these are adjacent.

Derived deterministically from this report's buyers, vertical language, and business model.

Same problem, different buyer: Budget owner who feels the operational cost of the broken workflow.

The workflow pain in this report is not exclusive to adult with a hard phone habit who has already failed blocker apps. Budget owner who feels the operational cost of the broken workflow. faces the same friction with their own budget and urgency.

First test: Re-run day 3 of the sprint (15 outreach messages) against this buyer only, and compare reply rates before changing anything else.

Same workflow, adjacent vertical: pick the nearest regulated niche

No second vertical matched this report’s language strongly, which usually means the wedge is horizontal. Horizontal wedges win by going vertical first.

First test: Pick the vertical where the pain costs the most per incident and rewrite the promise in its vocabulary.

Same wedge, alternate model: a productized service (fixed-price, done-for-you delivery)

This report monetizes via ”Program fee per eight-week cohort plus alumni membership subscription.”. Concierge delivery validates willingness to pay before any software exists and earns the workflow knowledge the product needs.

First test: Offer both versions on day 6 of the sprint and let the first pre-commitment choose the model.

CONNECTIONS

Where this report sits in the intelligence graph.

Links from the ontology layer. Declared links are explicit in the research record; inferred links are keyword overlap and labeled as such. Full graph at /graph.json.

EVIDENCE INDEPENDENCE 89/100

5 source domains, 20 evidence edges. Dominant family: local:data/regulatory-clock.json. Audit all provenance .

Related reports (shared keywords)

- Phone-based injury-risk movement screening for hiring — based automation, based validation

IN THIS VERTICAL

Healthcare & Life Sciences

Ranked 23 of 28 by validation score among published Healthcare & Life Sciences reports.

VALIDATE · 78/100

Consumer health and safety signal monitor: Abdominal fat predicts heart disease risk better than BMI

Consumer health and safety

OPEN REPORT

VALIDATE · 78/100

Consumer health and safety signal monitor: At-home test for infected ticks could improve Lyme Disease diagnosis

Consumer health and safety

OPEN REPORT

VALIDATE · 78/100

Consumer health and safety signal monitor: CRISPR tech selectively shreds cancer cells, including "undruggable" cancers

Consumer health and safety

OPEN REPORT

SHARED TAGS

Webcam blink-rate tracker that cuts screen eye strain

Daily AI check-in calls for seniors living alone

Anonymous daily check-ins for 12-step sponsors

FULL NARRATIVE